

***NATIONAL PUBLIC SCHOOL,
RAJAJINAGAR***

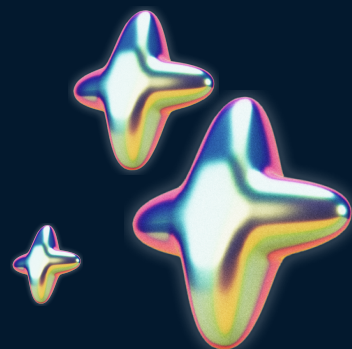


Second Edition

2024-25

Volume LI

GRADE 7



EDITORIAL

Welcome back, dear readers!

We are thrilled to bring to you the second edition of this year's newsletter, a true reflection of the energy, creativity and dedication that defines our school community. As we move forward through another exciting year, we are proud to present to you the moments that have shaped our journey thus far: the stories and accomplishments, the trials and triumphs.

In this edition, we highlight not only the academic and extracurricular successes of our students but also the resilience and adaptability that they have shown in the face of challenges. Efforts never cease, and throughout the term our students have been a continued inspiration, showcasing talent and determination that anyone should aspire for. This newsletter is a testament to that strength of will, and the fruits borne of hard work. It includes several articles written by our dedicated students that display their enthusiasm regarding those subjects and the literary ability with which they can express that zeal. Along comes another inspirational interview with Insights, and another ray of sunshine with Sunny Side Up. This time, we also have quite a bit to celebrate as the past month was marked by several victories for our school across various events.

We would like to extend our deepest gratitude to everyone who has contributed to this edition of the newsletter. The hard work, dedication and enthusiasm that was put into it is what made it possible. A special thanks goes out to our Principal and teachers, and the editorial team for their unwavering support and guidance.

As we continue to navigate this school year, we hope that this newsletter serves as a reminder of the strength and unity within our community. Let us continue to support one another, celebrate our successes and strive for excellence in all that we do.

Wishing you all a year filled with growth, joy and accomplishments.

Shuktij M Balaraja, 12A

Disha Solomon, 12B

Editors-in-Chief

Timeline



EVENTS

Exploring Synthetic Biology

Susmit Roy and his IISC team conducted a session on Synthetic Biology, showcasing how computational tools can simulate key human body compounds. As a distinguished alumnus and 2023-24 topper from National Public School, Rajajinagar, Susmit introduced students to Synthetic Biology's fundamentals and demonstrated DNA extraction from papaya, providing hands-on experience in Molecular Biology. His expertise and passion for the subject inspired enthusiastic participation, reflecting the school's tradition of nurturing academic excellence.

Independence Day 2024

National Public School Rajajinagar, celebrated Independence Day 2024 with a vibrant program put up by students of Grade 9, honouring India's history, culture, and progress. The event began with a patriotic song, a welcome speech recognising freedom fighters, and a thought of the day on citizen's responsibilities. The program included English, Hindi, and Kannada speeches, a Sanskrit shloka, and classical dances showcasing India's cultural diversity. Students showcased a yoga demonstration, forming 'Jai Hind' and 'I Love Bharat.' The event was compered in multiple languages, ensuring broad participation and effectively celebrating the essence of patriotism.



CBSE Youth Ideathon Workshop

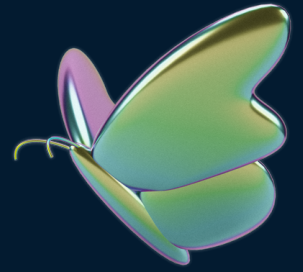
National Public School, Rajajinagar, hosted a CBSE Youth Ideathon workshop titled 'How to Get Good Ideas.' This event, themed 'I Startup a Good Thing for India,' aimed to cultivate innovation and entrepreneurship among students. The workshop was led by Mr. Kumar Srivatsa from HAL Management Academy and focused on helping students generate creative solutions to real-world problems, particularly those facing the nation. Mr Srivatsa, who is pursuing a postgraduate degree in Aviation Management, shared valuable insights to inspire young minds.

DH NiE Theatre Workshop

As part of the Deccan Herald's Newspaper in Education initiative, a theatre workshop called 'Spotlight' was held. Tarun Sai (Grade 8D) and Tanav Gururaj (Grade 10A) from NPS Rajajinagar participated. The workshop, led by actor Pranav Viswanathan from Liverpool Institute for Performing Arts, focused on essential theatre skills like voice modulation, body language, and empathy. It offered students an opportunity to explore their creativity and develop their talents in performing arts.



Green Ambassadors



“Nature is not a place to visit. It is home.”

In today’s tech-driven world, nature study highlights the environment's beauty and complexity. NPS Rajajinagar’s Green Ambassadors is an initiative for the students of Middle Years, committed to observing, protecting, and preserving nature through education and hands-on experiences. The goal is to connect people of all ages with nature, promoting respect and care for the Earth.

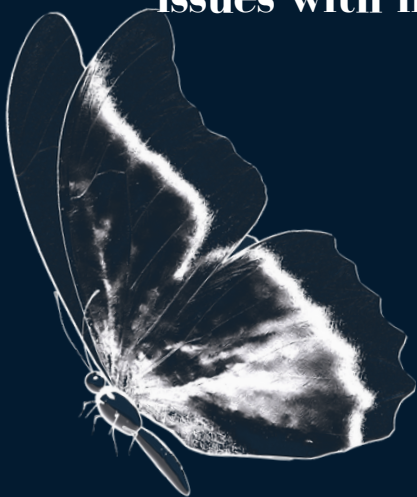


Shiksha Saptah

National Public School, Rajajinagar celebrated Shiksha Saptah in line with CBSE guidelines, marking the 4th anniversary of NEP 2020. This week-long event aimed to improve teaching practices, foster community engagement, and support holistic student development. Highlights included- Posters display, literacy and numeracy activities with a pledge ceremony, fitness through sports, cultural performances including dance and music, digital skills with coding and online tests, nutrition with a healthy cooking event and community outreach to underserved institutions.

Model United Nations

NPS Rajajinagar hosted the 8th RNPSMUN with over 100 students participating in four diverse committees- International Press Conference (IPC), Lok Sabha, United Nations Security Council (UNSC), Historical Joint Crisis Committee (HJCC). This intra-school MUN offered an engaging platform for students to explore global and historical issues. It highlighted students' debate skills and their ability to handle complex international and national issues with insight and creativity.



CERN Visit

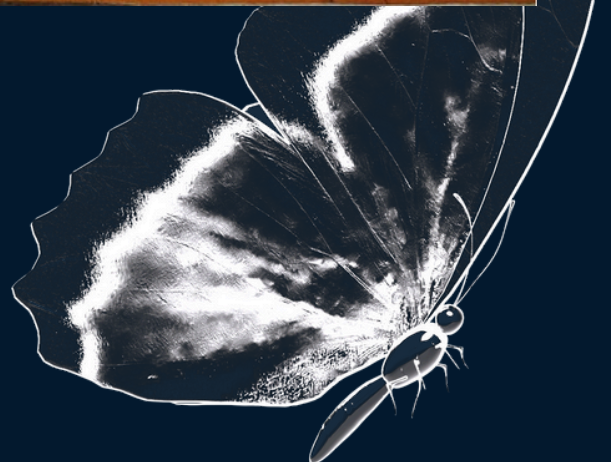
The study tour to CERN was an unforgettable experience for NPS RNR Grade 12 students. It began with an inspiring talk by Professor Manjit Dosanjh on the medical uses of Particle Physics. Dr Mick Storr guided the students to key CERN sites like the antimatter factory, data centre, and CMS, where groundbreaking discoveries took place. Lectures by esteemed professors were the highlights, especially the engaging talk on Higgs bosons, which included a fun data analysis activity. The visit also included a Geneva treasure hunt created by Dr. Storr and a trip to Chamonix, France, to explore its stunning ice caves . An incredible opportunity indeed!





Mega Quiz 2024

National Public School Rajajinagar hosted its annual Mega Quiz, an interclass event for grades 9 to 12. The quiz featured four dynamic rounds and offered both educational and entertaining experiences. This event extended education beyond the classroom. Students showcased their intellect and teamwork in a competitive, yet friendly setting, covering a wide range of topics.



Timelapse 2024

On August 22nd and 23rd, NPS Rajajinagar hosted Timelapse, an interschool Electronics and Computer fest for Grades 11 and 12. Syntaxia challenged programmers with real-world problems and a race against time. Scratch Wars showcased design and programming skills for Grades 6-8, while Ideathon featured a Shark Tank-style pitch competition addressing modern issues. Elektra focused on innovative electronic design, integrating various disciplines. Softwhere offered a high-energy treasure hunt with intricate puzzles. NPS HSR won the overall championship. Alumni judges provided valuable feedback, making Timelapse a memorable and successful event for all.



GenNext Career Fair

On July 15th, 2024, students from grades 11 and 12 attended a career fair hosted by Gen Next Education at the NPSRNR campus. The event featured Indian institutions like Atlas Skilltech, Plaksha, Flame, RV, and Shiv Nadar Universities, as well as international representatives from Boise State and The University of Mississippi. Students engaged with representatives, received brochures, and accessed College Genie, an AI tool. The session provided valuable insights, helping students clarify their educational and career choices. The well-organized fair was instrumental in guiding students toward their higher education decisions.

Plaksha & Ashoka University Fair

Future in focus - Students got the lowdown on tech and liberal arts with Plaksha and Ashoka

On July 29, 2024, students explored their future at a career counselling session conducted by representatives from Plaksha University who shared insights on its tech-focused, interdisciplinary programs, while Ashoka University highlighted its liberal arts and research opportunities. Both universities presented summer programs and internships, leading to engaging discussions. It was a great chance for students to connect their academic interests with career goals.

The Times of India NIE Campus Talk

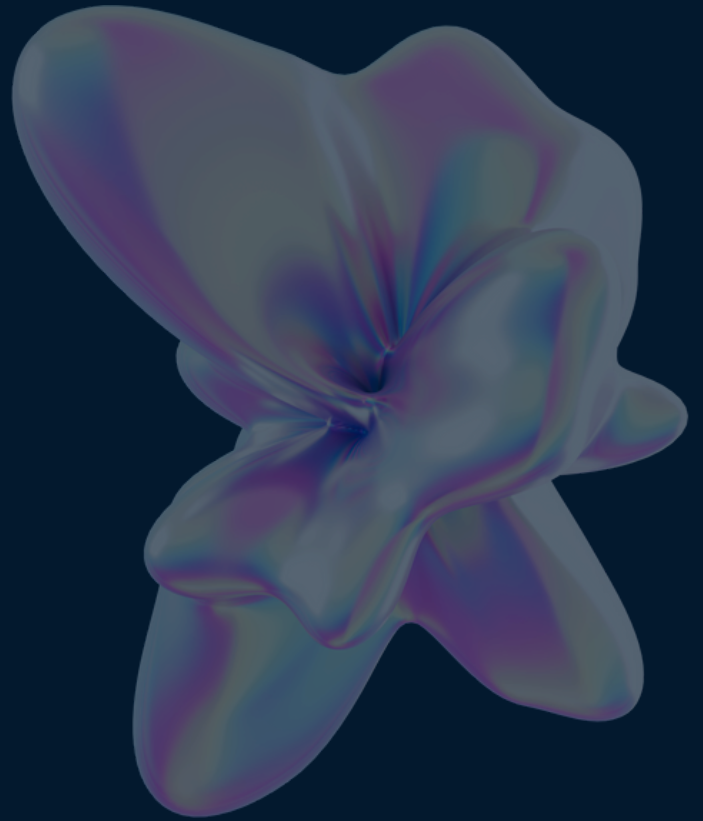
Students from Grades 9 to 12 of National Public School, Rajajinagar attended a Campus Talk on 'Law, Media, Democracy, and You,' organised as a part of the Newspaper in Education programme with Times of India. The speaker was Mr. Timothy Franklyn, founder of the National School of Journalism and Public Discourse in Bengaluru. He is an international capital markets lawyer with experience in Singapore and Hong Kong and an Obama Scholar at Columbia University. His session emphasized the vital role of democracy and the significance of staying informed through newspaper reading.

Spectrum & Cafe Let's Ketchup : ENRICH, EVOLVE, ELEVATE

On 31st August, the students of Grades 9 and 10, hosted a volley of Science experiments, Language and Social Science exhibitions for Spectrum, encompassing the theme 'Past, Present and Future'. There was a little something for everyone, from science enthusiasts, to language lovers, to cricket fans. On the same day, the students of Grade 12 hosted a food fest, 'Cafe Let's Ketchup'. With multiple cuisines to choose from, it had varied mouth-watering dishes. From the Italian tiramisu, to the Mexican tacos, to Greek salads, it had parts of the world on a platter. This was accompanied by live music played for the audience to savour with their food by the school band. The newly refurbished school grounds hosted fun games for all to be enjoyed.

Teacher's Day

Teacher's Day was celebrated to reaffirm the importance of education and the incredible impact of teachers on society. This celebration appreciated teachers, and honoured them for their special contributions as educators. Students presented a special assembly with a harmony of melodious songs and speeches, to express their love and respect for their teachers. This day aimed to recognise and honour the contribution of teachers who continuously work to guide the future generations.



Sunnyside Up

A Moment of Gratitude: A Lesson in Empathy

By - Mrudhubhashini Muttappa Tiparaddi - 10 C

Co-writer - Sunny Side Up

One scorching summer day, I found myself waiting near the bakery, having just finished my studies for the day. As I stood on the sidewalk, the relentless heat seemed to envelope everything around me. The air was heavy and stifling, making it uncomfortable.

As I waited for my brother to pick me up, I suddenly noticed a visually impaired man, seemingly in his late 20s, struggling to cross the bustling road. The sight of this man tapping his stick, trying to navigate the chaotic traffic, struck a chord within me. Despite the oppressive heat, I couldn't ignore the man's obvious difficulty. It seemed as if time had slowed down, emphasizing the urgency of the situation. With just 40 seconds left for the signal to turn green, I watched from a distance, expecting someone in the bustling crowd to step forward and offer their assistance. However, as the moments ticked by, it became apparent that no one was willing to help. In a sudden reflex, I found myself discarding my bag and rushing towards the man. Without a second thought, I offered my assistance, taking his hand and guiding him safely across the road.

As we reached the footpath on the other side, he asked if we were near the Variar Bakery. When I confirmed that we were, he expressed his gratitude with such sincerity that it filled my heart with warmth.



Despite my offer to help him further, he politely refused and continued on his way, displaying a remarkable sense of bravery and self-reliance. It was clear that he trusted no one but himself, yet his gratitude had left a lasting impression on me. I observed him as he walked away, his slow yet careful steps reflecting a sense of resilience.

After returning home, I found myself reflecting on the day's events. The man's gratitude was evident, yet I also sensed an underlying fear in his shaky, raspy voice. His demeanour revealed his deep-seated insecurities, manifesting in his hurried pace, sweaty palms, and curt interactions. It was disheartening to realize that amidst the bustling city life, not a single soul had offered him a helping hand.

As I lay on the sofa, contemplating the day's encounter, I couldn't shake off the profound impact it had on me. The fleeting interaction with the visually impaired man brought me an unexpected sense of joy, prompting me to appreciate my own life even more. It made me realize that helping him cross the road had filled me with a deep sense of pride, despite it being a seemingly simple act of kindness.

Furthermore, the encounter shed light on the alarming lack of empathy and human connection in our fast-paced society. The man's gratitude and courage empowered me to recognize the value of empathy and gratitude in our lives.

At that moment, I understood the importance of appreciating life's small victories and overcoming personal obstacles. This chance encounter with a stranger had not only touched my heart but also taught me invaluable lessons in empathy and gratitude. It is a reminder to be grateful for every small blessing in life and to always extend a helping hand to those in need.



INSIGHTS

Dr. Khushboo Dewani

M.D. (Psychiatry), MBBS

Neuropsychiatrist, Psychiatrist, Addiction Psychiatrist

10 years Experience overall (6 Years as specialist)

Dr. Khushboo Dewani is a young and enthusiastic Psychiatrist with special interest in women's mental health. She did her MBBS from the reputed Topiwala National Medical College and Nair hospital, Mumbai and was a scholar student in her college. She completed her MD Psychiatry from Rajiv Gandhi University of Health Sciences, Bangalore, securing second rank in the university. She believes in a holistic approach to treatment and is well versed with various psychotherapies. She has a keen interest in research and has co-authored two national papers. Dr. Khushboo Dewani is a good speaker and has been a part of various community based psychoeducation programmes.

Sameeha: Greetings everyone, Shreeyans and I will be interviewing Dr Khushboo Dewani who is a neuropsychiatrist with 10 years of experience overall and has worked for six years as a specialist.

Shreeyans: It's our pleasure to interview someone with expertise as extensive and a specialty as interesting as yours. Sameeha and I hope to shine light on many of the intricate details of neuropsychiatry through this interview.

Dr. Khushboo Dewani: Thank you for having me.



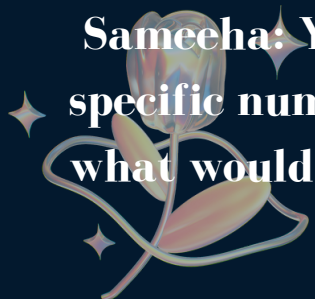
Shreeyans: Onto our first question, due to our demographic primarily being composed of high school students, the common exposure to neuropsychiatry is quite premature. Would you mind briefly speaking on the field and what it studies?

Dr. Khushboo: Ok, so there is always this mystery that comes with the brain. What is the difference between brain and the mind? Broadly, the brain is the hardware and the mind is the software, so psychiatry deals with software. If you try to simplify it more there's a difference between a psychologist and a psychiatrist. People who are psychiatrists are doctors. They finish their MBBS, study the whole body, the entire human system, how it works, and then specialize in the study of the mind for another three years in their post-graduation. Psychology, however, studies your experiences, your exposure to your family, and how the environment affects your responses and behaviour to certain situations. So psychology is more about the environment around you, the social influences and how you can change that or your thinking to improve your adjustment to that environment. Psychiatry is more about study of the mind, and how neurochemicals in the brain work, but neurology is more about nerves and neurons.

Shreeyans: So psychology is about the social aspect or in the social sphere but neuropsychiatry is relevant to intricate sciences.

Dr Khushboo: Precisely, yes.

Sameeha: Yes ma'am. In these days of laboratory tests giving specific numerical values for diagnosis and treatment of disorders, what would you say is different about Neuropsychiatry?



Dr. Khushboo: You have to have a very different outlook if you take up neuropsychiatry, and the reason is that in any other field of medicine you have clear cut definitions as to what to specialize in. For example, when I perform a blood test and I get a result, I know this is out of the range and this is within the range, but in psychiatry, such boundaries do not exist. This is because it is very difficult to measure or quantify the neurochemicals in the brain. There are certain neurochemicals that you can measure, and there are certain institutes that have reached a point through expensive techniques like spectroscopy, where they actually can give you the correct levels of those neurochemicals, but these techniques are costly. As a result, psychiatry is not subjective. It is a branch where you have to listen to the patient with patience. Having an open mind is necessary. I feel that anyone who wishes to join psychiatry should be interested in learning every day. No two patients are the same, a patient with malaria will have similar blood results as another patient with malaria, but two patients having depression will not have the same story to tell you.

Sameeha: Would you like to tell us about the story of what made you decide to be a neuropsychiatrist ma'am?

Dr. Khushboo: When I was a kid, I knew a neighbour who had a mentally challenged child. I was intrigued by how he tried to communicate, about his needs and what he did to show his excitement.

That was one of my earliest memories of psychiatry. Growing up, as millennials, we have all been in that stage where we had to choose between engineering and being a doctor, and engineering was something I didn't like. That is how, I leaned toward Biology. I think that exposure to this boy played a very important role in me taking up Psychiatry.

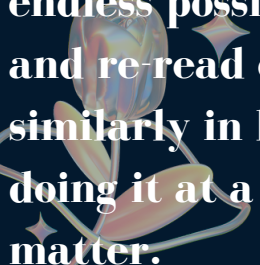


Shreeyans: Thank you, moving on to our next question. Medicine is an extremely sought-after profession, with a record high of 23,33,000 NEET takers in 2024. What problems could an aspiring neuropsychiatrist face in terms of their studies and work?

Dr. Khushboo: I think neuropsychiatry compared to other branches, although it may take a toll on you when you start practicing, I feel people who are aspiring to be neuropsychiatrists, can maintain a good balance between their personal and professional life. It is not that you can completely relax, but at the same time, it is not as if you'd be working like surgical professionals or general medical doctors. There is a good scope right now compared to what it was 10 years ago in this field. People are more aware and open about psychiatric and mental issues, especially post-COVID. The present generation is aware of mental health and come forward when something is wrong. People weren't very open to it few years back. I'm sure even now when kids talk to their parents about psychiatric issues or when they are having anxiety or stress, parents usually respond with, "Everyone goes through this." I believe this is the right time for people to take up psychiatry.

Sameeha: Building on what you said earlier about problems that students in India have, a major problem faced by the recent generations of students lies in time management and exam performance. What are some methods that a student can use to stay on track?

Dr. Khushboo: I think, to balance this pressure, we should have a routine. Not just having a plan for the day but sticking to it is the most important thing. Doing certain things at a certain time, is something that helps a lot to keep you grounded, to keep you in that moment making sure that the mind is not wandering away thinking about endless possibilities. When you prepare for an exam don't you revise and re-read every line multiple times before you take an exam, similarly in life you need to have a routine. To have that consistency, doing it at a certain point of time, doing it regularly; that is going to matter.

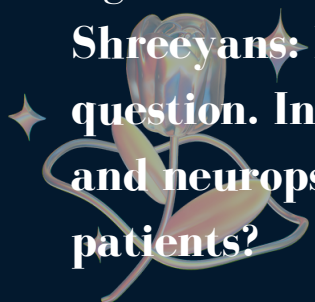


Shreeyans: A common assumption is that many neuropsychiatric disorders are developed in a person's childhood. If the previous statement is correct, then what are some signs that could indicate neuropsychiatric disorders in an individual during childhood?

Dr. Khushboo: For any neuro psychotic disorder, the most important factor in humans is genetics. We hear about a lot of inheritable disorders that we inherit through our genes, so neuro psychiatric disorders also have a very important part which comes from genetics. The other reason would be environmental factors. These are reasons like the family that you grew up with, the kind of interaction and exposure that you have had while you were growing up, external stresses, your friends and acquaintances and social expectations. Social norms that have been set, like study or career timelines if not met at the right time can become stressful.

I would not say that all neuropsychiatric disorders will have an occurrence in childhood but around 25% include childhood trauma. Some indications like eccentric behaviour or social isolation that has been present since childhood are signs and symptoms that can help you to identify such issues in people. There are certain new developmental disorders as we call them which I referred to when I was giving an example of what motivated me to get into psychology like mental retardation. This disorder, conduct disorders or ADHD, can be identified during early childhood, where there is probably difficulty in speaking or walking, or slower milestones. These are very easy to identify if parents are educated about early warning signs.

Shreeyans: I want to go to the final question. This is an open-ended question. In your opinion what is the biggest problem in the medical and neuropsychiatric world? that you face in treating your patients?

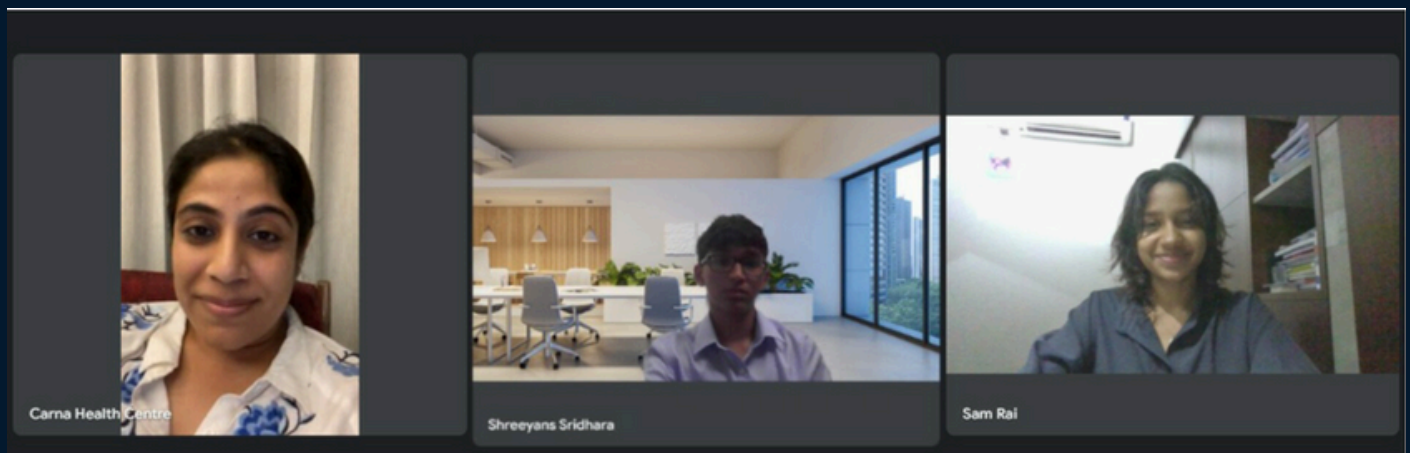


Dr. Khushboo: I think, it is exposure to the Internet. It's a double edged sword. We should say that as there is more information there is more confusion. The biggest challenge as doctors which we face is to see a lot of people coming with their own diagnosis and own treatment plans. There are few people who are so fixed in their thinking that they say, "I have read that medicines are bad." I can see that the person needs medication, but I can't convince him or her because they're influenced by the Internet. On the other hand, internet exposure helps the patient to ask the doctor more questions about side effects, how the therapy works or how long is the therapy for and what are the signs of improvement.

Sameeha: Thank you so much for your patience throughout the interview ma'am, we learned a lot with regard to neuropsychiatry and its importance, especially in the modern world.

Shreeyans: Thank you for your time ma'am.

Dr. Khushboo: Thank you for giving me the chance to shine light on such an obscure profession, I hope to have had a good impact on the children of NPS RNR.

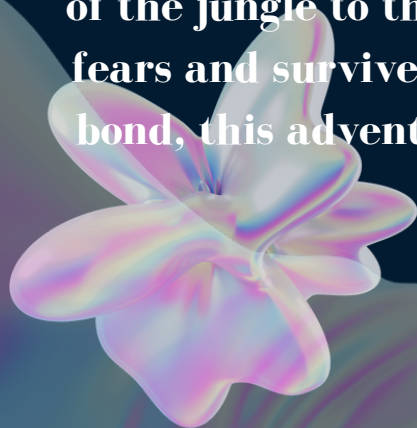


Sameeha R Rai, 11A
Shreeyans Sridhara, 11C

LOST IN THE WOODS

One bright Sunday morning best friends Mia, Anna and Jake decided to explore the mysterious woods near the town. With a backpack full of snacks and a hand drawn map, they eagerly ventured into the dense wilderness. The jungle was captivating, full of vibrant colours and sounds. But as the day wore on, the jungle became a confusing maze of thick tall trees. As the sun began to set there were sounds of wolves howling. The paths they had marked on their map seem to vanish, swallowed by the dense foliage “We should be back by now”, Mia said, her voice trembling “Are we lost? Anna’s eyes darted across the map. “I think we took the wrong turn but we will find the way out”, Anna said. As the sun dipped down the horizon, shadows lengthened, the jungle took on an eerie atmosphere. The friends’ supplies emptied, they struggled to find clean water and avoid dangerous animals. Strange noises echoed around them, and glowing eyes watched them from the darkness. Despite their fear they huddled together, listening intensely. That night they heard rustling in the bushes, suddenly, a pair of glowing eyes appeared in the darkness. They froze in terror but the creature, a curious deer quickly darted away. The next day to their surprise while searching for food they stumbled upon fresh footprints. “Look! someone’s been here recently”, Jake exclaimed! They followed the tracks hope rising with each step. Finally, they found a group of people who had been searching for them. Relief washed over them as the rangers guided them safely out of the jungle to their worried families. The friends had faced their fears and survived. Learning valuable lessons and deepening their bond, this adventure in the jungle became a scary story that they would share for years to come.

-Nithilaa Sri S, 7A



My Fascinating Days in Kabini

Kabini is a beautiful destination, that consists of the most captivating wildlife.

Kabini is renowned for its tiger, leopards, Indian elephants, wild dogs and 250 bird species. During my recent visit to Kabini, I had the chance to experience the beautiful sanctuary next to the river Kabini.

I was hoping to spot tigers and leopards. But I had no luck. I went on boat as well as jeep safari, but I couldn't spot my favourite animal the Tiger. I was disappointed. But when, I saw herds of elephants, the Indian Malabar, monitor lizard, fox, chameleon, crocodiles, birds and otters, I was elated.

My father was lucky to spot otters, that were enjoying the morning sunshine and playing around. While we were on the jeep safari, we spotted a mother elephant with its baby roaming around. We stopped to take pictures. Then the mother and the baby did something adorable. They posed for the pictures and stood still like statues.

During my visit in Kabini, I realized that, one can find happiness around nature.

-KRUPHA S UKKALI, 7A

CAPTURED MOMENTS



-JAHNAVI KRISHNAN, 7A

THE NOBLE PROTECTOR

Dobermanns strong and tall,
Guardians who never fall.
With coats so shiny and bright
Protecting me day and night.

Eyes alert, ears stand tall
Ready to answer every call.
Loyal friend, gentle and true
In my heart forever too.

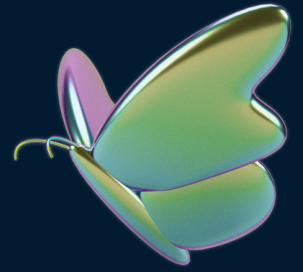
-SHAMITH M REDDY, 7A



FEATHERS IN FLIGHT



-MODITH P BARATAKKE, 7A



SKY SCULPTURES



-AMITHRAA A, 7A

IF MY FATHER WAS A FISHERMAN

As a child of a fisherman watching my father's boat sail away from the shore brings mixed emotions within me. My heart races with excitement as I want to know whether he will bring the normal fishes or a wealth of rare fishes. I am proud of my father and have complete faith in him as he navigates the boat skillfully. But I'm anxious because there are strong winds, thunderstorms and dark creatures under the waves. Will he come back fighting with them all? I choose to be hopeful and pray for his well being as I know he will come back safe and unharmed with a bounty of fish.

Aditi Shivananda Prabhu, 7B

MY TEACHER

**My teacher with a peachy attitude
Sometimes stern like hardwood
Sometimes sweet like strawberry
Always teaches us never to give up and not to worry!**

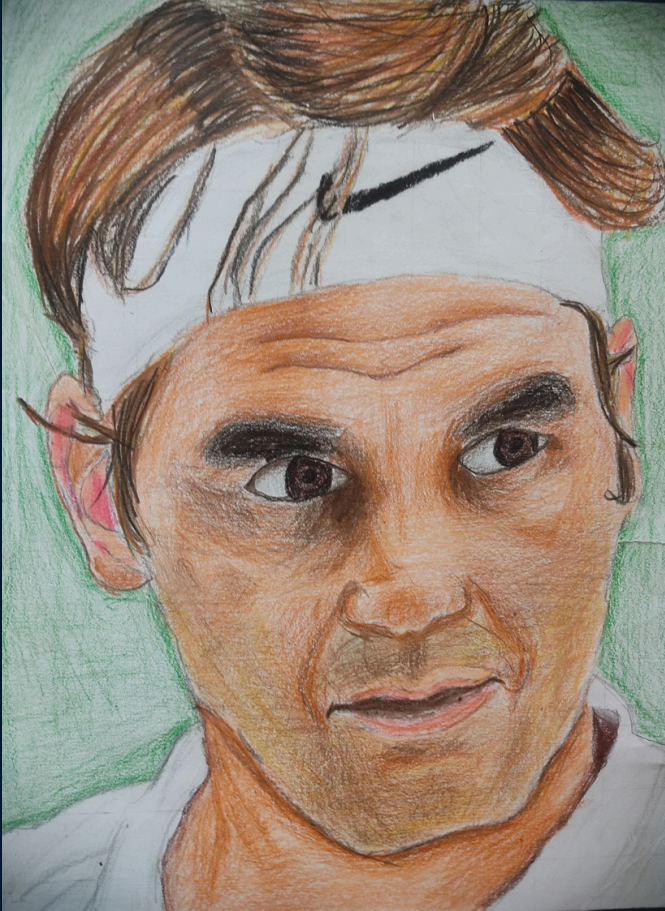
**She teaches us about the past
As her subject is History
There were many who made mistakes
But she motivates us to create our own story.**

-Dhruv Razdan 7B



Serve, Volley, Inspire

Unanchored



-MADHAVI KRISHNAN, 7B



-SAMANVI DEVARAJ, 7B

MY DREAM

**Oh, what a wonderful day
In the enchanted land near the bay
Goblins, unicorns and flying dogs,
Cupcake houses and rainbow logs!**

**Ice cream mountains, gummy bears.
Strawberry shortcake dresses to wear.
Oh! I wish this day would never end
Like the chocolate stream
Until I found out it was all a dream!!**

-SAANVI SHREYAN, 7B

Catch me by the Water!



-RIYA ABHAY GHODA, 7B

Golden Glow



-TANVI PAVAN, 7B



The Water Droplet's Journey

**Drip drop fell the droplet of water from a tap
On the Earth's lap; Oh, what a waste!
For when somebody comes to taste
The Heavenly - divinely water,
Oh it's just been washed away.**

**When it flutters with the wind in the sky
To form an extraordinary rainbow, oh my, oh my,
Oh, how well it discourses its colours,
Dancing on the clouds.**

**Oh, and how it shines with happiness like polished decor,
And from the sky the droplet said out loud,
I'm comin' to meet you good ol' Earth,
Just for re- birth,
Oh, what a magnificent way
To make a splendid day!**

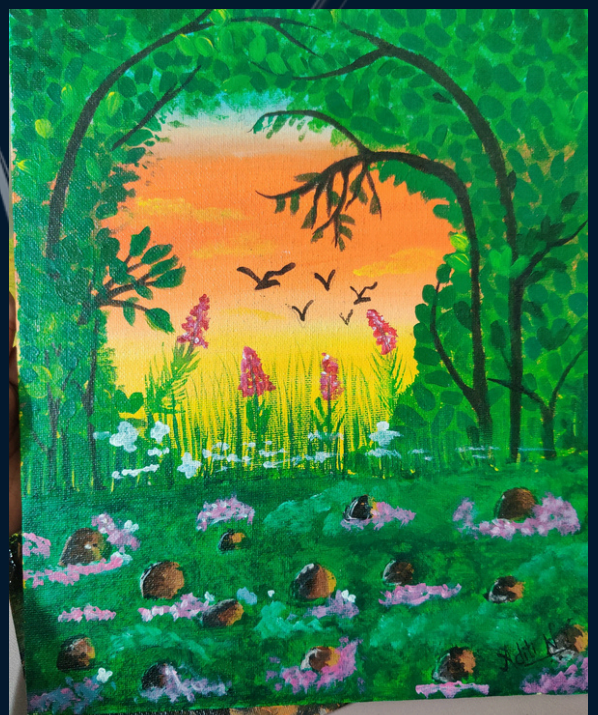
-RAGHAV SUDHIR, 7C

Smiles Of Nature

Beauty in abundance



-PRANIT K KARANTH, 7C



-ADITI N Y, 7C

The Rain, A Wonder!

**A soft whisper, a serene vision,
Glistening drops on the windowpane;
A soothing cadence, a peaceful melody,
Raindrops weaving a brocade of thoughts;
Of euphoria, despairs and time resembled,
A musical meter, a peaceful hymn;
The fragrance of damp soil fills the air,
A lullaby that rocks the soul's whisper;
With every droplet, concerns dissolve,
As the Earth's beauty is orchestrated in perfect harmony;
So, let the showers continue to pour,
A soothing oasis, a tranquil city!!**

-ROSHINI SUNIL KRISHNAN,

7C



Basketball - the love of my life.

I thought basketball was wrestling for a ball but then my classmate showed me how interesting this sport was. I found this sport very amusing, So I joined basketball coaching. I picked up this sport very quickly. A few days later there was selection for the school team and I decided to give it a go. I thought I blew up the selections but the very next day I found out I was in the team! I jumped with joy. I put my blood and sweat practicing for the team. The first tournament of my life came up. On the day of my match, I had butterflies in my stomach as it was a very strong team that we were going to play against. After all, the hard work we put in, we lost. From that moment onwards we practiced with diligence. This moment challenged me to reach my full potential, that is the only reason why I am in one of the main positions in my team.

-Siri Prasad Bhat, 7D

TRAVEL TO THANJAVUR

As I entered Thanjavur , I realized that this was going to be the most beautiful place I have ever seen.

The architectural marvels of Thanjavur absolutely blew my mind. Every single detail , from the biggest of sculptures, to the smallest of inscriptions, everything had a meaning.

One of the best things about this place is the happy, kind hearted people and also the exquisite food that bursts with flavour in each bite.

The art here is one of the best styles you will ever see. It is very intricate and detailed, consisting of golden foil details. We ended our glorious trip by buying a few souvenirs, like magnets and the beautiful Thanjavur paintings. I hope I get to visit this place sometime soon again!

-SAMIKSHA KATAKAM, 7D

GREAT BOOKS AND GREAT AUTHORS

Ever felt like fighting ancient Greek or Roman monsters or challenging the most evil wizard of all time? Well, if so, you're on the right track for your adventures.

It is quite common to see young readers pursuing their hobbies and various kinds of books, but books (for the rest) may also be a source of entertainment. Yes, you heard it right!

Personally, my favourite books are the Harry Potter and Percy Jackson series. I love reading books from others' perspective to understand their opinion and for that, Percy Jackson books are a must with exhaustingly intriguing plots.

Harry Potter books, on the other hand, provide a meaningful curve of how complicated each character is and how they are so different yet alike. I can say that these, though fiction, is one of the most influential books for young readers.

Consequently, this calls for an appreciating text for the authors. Rick Riordan, American story writer has done a marvelous job in his books. The dialect and language are very reader friendly.

J.K. Rowling, British author has brought out the most complicated and meaningful scenarios and characters in simple light for the reader's aid. The blend of normal and magical life is unmatched. Hence, if you're a reader I would suggest you read these books.

-Shriya Kulkarni, 7D

TRAVEL DIARIES: AMAZING WORLD OF SCIENCE

During the weekends, I was getting extremely bored of staying at home. My parents decided to take me for a visit to a museum in Bangalore, named “VISVESWARAYA INDUSTRIAL AND TECHNOLOGICAL MUSEUM”.

As we reached there my heart started pounding fast as I started wanting to explore the world of science. At the entrance stood the mighty statue of Sir M.Visveswaraya.

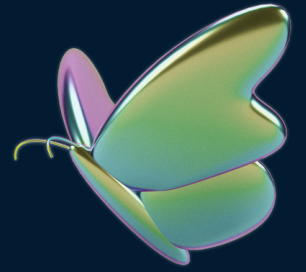
We decided to start with the exhibit ‘science on a sphere’, introduced by NOAA (NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION). It is a huge balloon-like structure which is 6ft on which various planets and other terrestrial bodies were being projected. It was truly fascinating. I was overwhelmed to answer the questions asked by the presenter as it created an inquisitiveness within me. William Herschel discovered the moons of Uranus which are mostly named after William Shakespeare’s plays like Titania, Umbriel, Oberon and many more! I came to know all this after this show.

The four storied building seemed to offer us with never ending scientific structures, models and hands on experiments. It was incredibly joyful to try every working model. The most fascinating one was the aero flight experience.

The visit to the museum left me with a never-ending zest for interesting scientific facts.

-Tanirika Mandal, 7D

The Starry Night



**The morning sky,
With the golden sun high
Slowly as the dawn comes by,
As the light feathered wings fly....**

**The day fades into dusk, then becomes the dark,
Painting the whole sky in the hues of ink blue and black.
Carrying its studded drape,
With a humongous white ball agape....**

**Clouds as velvety as pillows,
Making the radiant moon billow,
What a heavenly soothing sight...
With its jewels shining bright...
Is the beautiful starry night!!!**

-Avani R, 7 E





My Trip to Ooty

During Dasara holidays, we started our seven-hour road trip to Ooty.

We went through the balmy and blossoming forests. While passing through the forest, we saw a peacock, its texture, its beauty, its colours, it was breathtaking! We were with the peahen for a while and then we moved on to continue our journey. After a tiring road trip, we reached our resort at 7pm. The resort had an amazing ambience. We saw a variety of insects at the resort. The next day, after breakfast we planned to go for a speedboat ride . The splashing of the cold water on my face was refreshing. The experience at the The Pine Forest, was peaceful and calming.

We then went back to our resort to explore a bit more of the place. We had a lot of fun exploring the beauty of Ooty. Then we went to a tea estate - the beauty of the tea estate was jaw dropping. The people were plucking tea leaves. It was a wonderful experience to see them work in an organized manner. On the 3rd day we woke up early to climb up a tower and see the verdant green valleys and mountains and crystal-clear waterfalls. We had an amazing time in Ooty. I wish to go again as the beauty of the place mesmerized me, taking me to a whole new world away from reality.

-SUDHESHNA ARUN KUMAR, 7E



GIFT OF LIFE

The dawn so lovely,
It's a blessing for the eyes.

A night so sable,
It's calming for the soul.

The reckless nature of oceans,
Though full of life.

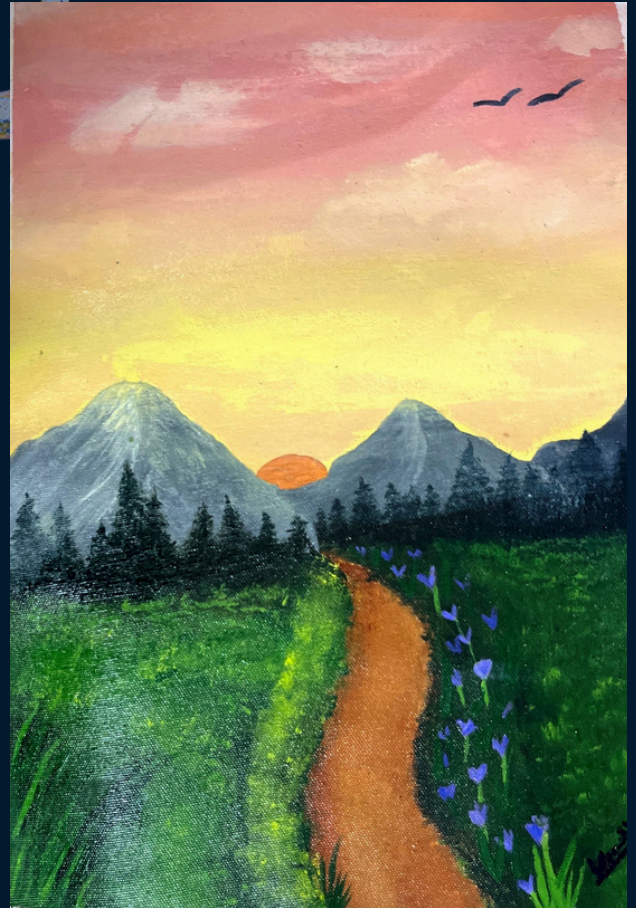
I like the winds
And the sky above.

To experience this,
Is a gift from the Gods.

So, live in joy
And live for yourself.

-M. TANVI, 7E

CALL OF THE MOUNTAINS



-Unnati Priyasha, 7E

GOKU UNLEASHED



-NIDHISH ARYA S, 7E

A 2021 Adventure Through Sand and Skyscrapers

In 2021, I embarked on an incredible journey to Dubai with my family, and it was an experience I'll never forget. From the moment we arrived, the city's blend of modernity and tradition captivated me. Our adventure began with a visit to the Burj Khalifa, the tallest building in the world. We took the high-speed elevator to the observation deck and were stunned by the panoramic views of the city's sprawling skyline and the endless desert beyond.

One of the most thrilling parts of the trip was our desert safari. We rode camels over the golden dunes, feeling the gentle sway as we traversed the vast expanse of sand. The highlight of the safari was the sunset barbecue, where we enjoyed a delicious feast under a sky painted with hues of orange and pink. Traditional music and dance performances added to the magical atmosphere.

We also spent time at the Dubai Mall, a colossal shopping and entertainment complex. The mall housed an impressive aquarium, where we walked through a glass tunnel surrounded by sharks and rays, and an ice rink that was a surprising find in the middle of a desert city. Shopping in the souks was a sensory overload of vibrant colors and exotic scents, and tasting falafel for the first time was a culinary delight.

In the evenings, Dubai's skyline was a spectacle of shimmering lights, and we enjoyed leisurely walks along Dubai Creek and Jumeirah Beach, where the contrast of the sleek skyscrapers against the serene waters was mesmerizing. This trip to Dubai was a perfect blend of adventure, culture, and luxury, leaving me with cherished memories and a deep appreciation for the city's wonders.

-KSHIPRA PRASAD, 7E



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SUCCESS STORIES



Semester I (2024-25)

Event No	Name of the Student	Class & Sec	Name of the event	Organizer	Place
1	Chavi Ramesh Bhojani	12C	Mercatus (Shark Tank)	NPS HSR “ODDYSEY”	I Place
	Prithviraj J Shah	12C			
	Niharika Shukla	10C	Literary		I Place
	Tisya Mahesh Chikodi	10C			
	Vaishnav Vasudevan	12C	Monopoly		II Place
	TK Karthik	12A			
	Adit Madhav Madgula	12A			
	Medha Biswajit	11A	Treasure Hunt		II Place
	Aarnavi MK	11A			
	Sambarta Sanyal	12B			
	Pratham G Bhat	12B			
	Shrivardhan C	11B	Coding		II Place
	Dhruva Anand	12A			
	Vrishank Ravichandran	11A			
	Anika Shetty	8D	Amor Musicae (Music Competition)		I Place
	Prachi S Hemadri	8B			
	Rohan Kumar	8C			
	Samhita Udaya	8D			
	Aashrith Praveen	8C			
	Aadhya Chethan	8C			
	Mukund. K	8C			
	Athrey Ram Rao	8B			
	Saanvi Cholan	8E	Cavea (Drama Folk Tale)		I place
	Sahana Sandeep	8D			
	Kenisha C Shetty	8A			
	Surya Uthkarsha	8C			
Ninaad Kishan	8C				
Ishan Hiremath	8D				
Dhruv Kedilaya	8A				
Atharva Nachiket Galgali	8A				
Mahan Raj R	8E				
Diya Vishal Korikanthimath	7E				

Event No	Name of the Student	Class & Sec	Name of the event	Organizer	Place
1	Gauri Narasimha	8C	Saltare (Dance, Drama)	NPS HSR “ODDYSEY”	I Place
	Dhruti Bhaktavatsalan	8A			
	Tanvi A R	8C			
	Gayathri Siri P	8B			
	Stuti P Turakani	8C			
	Hitha Divakar	7A			
	Roshini Sunil Krishnan	7C			
	Arpitha Bindinganavile Ramapriya	8A			
	Ranjita Nair	7C			
	Mahati Karthik Shastry	7C			
2	Pramati Bhat	3A	Fancy Dress	PRATIBHA 2024 Geeta Govinda Sanskrita Sangha Sub- Juniors	III Place
	Deetya Kannan	3C	Bhagavad-Gita Amarakosha		I Place III Place
	Punya Divakar	4B	Storytelling		I Place
			Colouring		II Place
			Bhagavad-Gita		III Place
	Dhatri Karthik Shastry	4C	Shloka Recitation		I Place
	Arnav Praveen	5C	Solo Singing		III Place
3	Mahati Karthik Shastry	7C	Solo Singing Shloka Recitation	PRATIBHA 2024 Geeta Govinda Sanskrita Sangha Juniors	II Place III Place
	Mahati Karthik Shastry	7C	QUIZ		II Place
	Avani R	7E			
	K Ranya	6D	Dumb Charades		II Place
	Avani R	7E			
	Mahati Karthik Shastry	7C			
	Saanvi Shreyan	7B	Story Telling		II Place
	Hitha Divakar	7A	Bhagavad-Gita		I Place
4	Sidharth Srivatsan	9D	Memory Test	PRATIBHA 2024 Geeta Govinda Sanskrita Sangha Seniors	II Place
			Shabdaha and Dhatavaha		Consolation
	Rohan Kumar	8C	Solo Singing		III Place
	Prachi S Hemadri	8B	Solo Singing		Consolation
	Aashrith Praveen	8C	Solo Singing		Special Prize
	Elakya Kannan	9D	Dumb Charades		I Place
	Prakruti Bhat	9B			
	Shreya Kanjur	9B			
	Prachi S Hemadri	8B	Group Singing		I Place
	Aashrith Praveen	8C			
	Rohan Kumar	8C			
	Sahana Sandeep	8D			
	Aditya Shrikara Pradeep	10C			
	Aagna Ajith Ambale	10C			
	Sudhanva H Kashyap Sidharth Srivatsan	9B 9D	QUIZ		II Place

Event No	Name of the Student	Class & Sec	Name of the event	Organizer	Place
5	Unnati Priyasha	7E	Hindi Mahasangrama	NPSI MYSORE “WORDSWORTHY”	I Place
	Dhruv Kedilaya	8A			
	Dhruti Bhaktavatsalan	8A			
	Hitha Divakar	7A	Sahitya Siri		I Place
	Saanvi Shreyan	7B			
	Tushti Sachin Kinagi	7E			
	Prachi S Hemadri	8B			
	Aadhya Chethan	8C			
	Ridhyaa Thuppad	12B	Intrigue, Ink & Illusion		III Place
	Tejal Arcot Praveen	12B			
	Medha Balaji Vembar	12A			
	Shuktij M Balaraja	12A			
	Tejas Ramesh	12A			
	Anushka Venkatesh	12A	Literary Bonanza		I Place
	Dhruva Anand	12A			
6	Rohan Muniswamy	11 A	Table Tennis	VIVUM - TISB	RUNNERS UP
	Shreeyans Sridhara	11 C			
7	Arnav Satish	12A	Breakin Bad	NPS INR “NEXUS”	I Place
	Dhruva Anand	12A			
	Sumedh Rao	12B			
	Mithun Ganesh S	12A	DUNES		I Place
	Samanjay B R	12C			
	Edwin Robi	12A			
	Ananthashreyas Nair	12A	The Theories of Everything		II Place
	Samhita Srivatsa Gorur	12A			
	Janhavi Aravind	12B			
	Aadya Umesh	12B	THE DEVILS WEAR PRADA		I Place
	Manjari Acharya	12B			
	Rishabh Justin Mascarenhas	12B			
	Anushka Venkatesh	12A			
	Sameeha R Rai	11A			
	Khyati Pulipalyam	11B			
8	Siri Prasad Bhat	7 D	Founders CUP - Basketball	NPS Koramangala	Winners
	Sanjana Venkatesh	8 A			
	Aditi S Mehta	9A			
	Veeksha Gogineni	9 A			
	Vaishnavi S Desai	9 B			
	Chandana S Desai	9 C			
	Charvya Y	9 C			
	Arushi P Shetty	9 D			
	Anvita Sanner	10 D			
	Hanisha S Sindhe	10 D			
	Sameeha R Rai	11 A			
	Sucheta N	11 A			

Event No	Name of the Student	Class & Sec	Name of the event	Organizer	Place
9	Maitreya Sridhar	10A	Endeavour 2024 Quiz	St. Germain’s Academy	Winners
	Sanket Hosamani	10A			
	Akshat Jain	10A			
10	Satvik Pradhan	9C	Sophia MUN 24	Sophia High School	Best Delegate
	Gaurang Sinha	9B			Special Mention
11	Eva Rai	9B	HSR MUN 24	NPS HSR	Commendable Delegate
	Avanee Savanur	11C			Special Mention
	Annikaa Naidu	10A			Special Mention
12	Nydhile Praveen	12C	Mega Quiz 24-25	NPS RNR	I Place
	Prithviraj J Shah	12C			II Place
	Shuktij M Balaraja	12A			III Place
13	Dhruti Vaidya	10A	100 mts Individual Medley 50 mts Freestyle 25 mts Butterfly Stroke	Sharanya Narayani International School Sports	Gold medal
		B Division			Overall Championship
	Tanvi Gaurav	8E	100 mts Individual Medley 25 m Butterfly Stroke		Silver Medal
	Manas R Shendige	8E	25 m Freestyle		Silver Medal
	Dhwani Navin	6B	25 m Freestyle		Silver Medal
	Tanush Gaurav	4C	25 m Breaststroke		Bronze Medal
	14	Neeva Nikhil Shah	9D		Girls Doubles U-16
Nitya Vaikuntanath		9E			
Priyadarshini Singh		8D	Girls Doubles U-14	Winners	
Saanvi Cholan		8E			
Dheer S Rao		4A	Boys Doubles U-10	Runners	
Shonak Nethrapal		4C			
15	Diya Kiran	9A	Design Hackathon on – EcoLeaf Nourisher	DQ Labs	3 rd Place & 3000/- cash prize
	Muskan Nahata	9B			
	Prakruti Bhat	9B			
16	Nishka Prashanth	10C	English Elocution	VITM	Consolation place
17	Aagna Ajith Ambale	10C	PPT Presentation	Kishore Prathibhe by Alumni of MES Kishore Kendra	II place
	Prakruti Bhat	9B			
	Neela Kannan Komandur	8C	Pot Painting		II place

Event No	Name of the Student	Class & Sec	Name of the event	Organizer	Place
18	Krupha S Ukkali	7A	Karnataka State Fide Open rating Chess championship 2024	CHESS TOURNAMENT	V place & Rs: 7000/- cash
			Karnataka State U-17, Open and Girls rated chess championship		11 th Place
			Bengaluru Open Fide Rated Rapid chess championship U-14		II Place & Rs:1000 /- cash prize
			Karnataka state chess association in Chikkamagaluru		I place with Rs: 7000/- cash price
19	Avnee Savanur	11C	Hositium magnus	NPS KORAMANGALA “IRIS”	I Place
	Pujita Bhat Prakash	11C			I Place
	Nydhile Praveen	12C	Optimi praefectoris		I Place
	Dhruva Anand	12A	Innovotex		II Place
	Shuktij M Balaraja	12A			Special mention
	Namish G Shetty	12A			
	Smriti G Kaushik	12B	sruti, svara and raga		II Place
	Akshayasree S	12A	Laya Tarang - Dance		II Place
	Sachika Shetty	12A			
	Teena Chetan Ajmera	11C			
	Sameha Rai	11A			
	Aarnavi MK	11A			
	Chavi Ramesh Bhojani	12C	Bucks - N - Jaws		II Place
	Prithviraj J Shah	12C			
Thoshith S Reddy	12A	REMONTADA (Football Action)	III Place		
Kesshav Jhaveri	12C				
Vaishnav Vasudevan	12C				
20	Sumedh Rao	12 B	P-Sat	College Board	Distinction
21	Mahati Karthik Shastry	7C	Veena-Carnatic Music	Prestigious Cultural Talent Search	Scholarship
22	Aadya Merathia	12 C	Phase-I of Eureka	IIT Bombay	Selected for Phase II
23	Anvitha Chandrakant Lakshmappanavar	9E	Team Hously - Youth Ideathon 2024	ThinkStartup and MEPSC in association with CBSE	Participation
	Dishi S Gandhi	9A			
	Mounitha Ragam	9A			
	Sahana B	9E			
	Diya Lokesh Chowdary	9E			
24	Krupha S Ukkali	7A	All India FIDE open rated RAPID and open Blite CT 1600-1800	BUDCA	5000 /- Cash

Event No	Name of the Student	Class & Sec	Name of the event	Organizer	Place
25	Chavi Ramesh Bhojani	12C	Youth Udyami Event	Prayaas at IIM-B	Got Selected
	Prithviraj J Shah	12C			
26	Sumedh Rao	12B	Inter School Debate for Bhatia Shield	Georgian Association Bangalore of Rashtriya Military School	Ist Runner Up
	Dhruva Anand	12A			Consolation
27	Chavi Ramesh Bhojani	12C	RMUN-UNSC	NPSRNR	I Place
	Satvik Pradhan	9C			II Place
	Samit Chakraborty	9C			III Place
	Vaishnav Vasudevan	12C	RMUN-IPC		I Place
	Veeksha Gogineni	9A			II Place
	Vedanth Satish Patil	9C			III Place
	Shauryajit Singh	12B	RMUN-HJC		I Place
	Sumedh Rao	12B			II Place
	Athreya Sharad Deshpande	11A			III Place
	Aditya Vasista	11A	RMUN-LOK SABHA		I Place
	Eva Rai	9B			II Place
	Nitya Vaikuntanath	9E			III Place
28	Prakruti Bhat	9B	National Spell bee	Wiz National Spell Bee	6 th rank in State level
	Anirudh Raghavan	7B			23 rd rank in State level
	Nidhish Arya S	7E			25 th rank in State level
29	Divit Bhargava	6A	Poetry Competition	Classic Association UK	Runners up
30	Deepti Srihari Nidhi Iyer	Batch of Grade 12 2024	Design Hackathon 2023	DQ Labs	Cash prize Rs: 10000/- for solving - Design Problem “Safe Bharath”
31	Krupha S Ukkali	7A	State level Chess Competition U 15	Karnataka state chess association in Hassan	3 rd place and awarded with Rs: 5000/- cash prize
32	Reyansh Aswath	3B	Karate	Karate Open National	III Place
33	Reya Roopesh	3A	Gymnastics	One Dream Gymnastics	Silver Medal
34	Divyaanshu Jha	4C	Badminton	Prakash Padukone Badminton Doubles	2 nd Runner up
	Vihaan K V	4C			

Event No	Name of the Student	Class & Sec	Name of the event	Organizer	Place
35	Kairav Praveen	1B	Iskcon Heritage Fest 2024-Striking of the body parts	Iskcon Heritage Fest 2024	I Place
36	Diyaashri Muthukumar	1D	Inter-Schools & Inter club Artistic Gymnastics championship	Switch Leap Gymnastics & One Dream Gymnastics	II Place
37	Viha Mayur	5B	Inter School Swimming Competition	Esprit De Corps (TISB)	Bronze Medal
	Tanush Gaurav	4C			Gold Medals-2 Silver Medal-1

CONGRATULATIONS!